

# Heidi

**Count:** 64      **Wall:** 2      **Level:** Easy Intermediate

**Choreographer:** Jan Wyllie, Hervey Bay, Qld., Australia – Jan 2015

**Music:** Heidi by Kurt Darren. [Album: In Jou oë – 2010] 136 bpm

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**#16 count intro,**

**Step R Fwd and Sway Fwd Back Fwd Hold - Repeat on L**

1,2,3,4      Step fwd on R and sway hips fwd back fwd, Hold  
5,6,7,8      Step fwd on L and sway hips fwd back fwd, Hold

**Rock Fwd Recover, 1/2 Shuffle, Step Pivot 1/2, Step Fwd Hold**

9,10      Rock/step fwd on R, Recover back on L  
11&12      Making 1/2 right shuffle fwd RLR

**(if you don't turn, just shuffle back)**

13,14      Step fwd on L, Pivot 1/2 right transferring wt to R

**(or rock back on L recover on R if you didn't turn)**

15,16      Step fwd on L, Hold

**Step R Fwd and Sway Fwd Back Fwd Hold - Repeat on L**

17,18,19,20      Step fwd on R and sway hips fwd back fwd, Hold  
21,22,23,24      Step fwd on L and sway hips fwd back fwd, Hold

**Rock Fwd Recover, Shuffle Back, Rock Back Recover, Step Fwd Hold**

25,26      Rock/step fwd on R, Recover back on L  
27&28      Shuffle back RLR  
29,30      Rock/step back on L, Recover fwd on R  
31,32      Step fwd on L, Hold

**2 Kick Ball Changes Moving Sideways**

33&34      Kick R fwd, Step R slightly right, Step L to left  
35,36      Touch R beside L, Hold  
37&38      Kick R fwd, Step R slightly right, Step L to left  
39,40      Touch R beside L, Hold **RESTART HERE ON WALL 5**

**Side Shuffle, Behind Side, Cross Rock Recover, Side Hold**

41&42      Side/Shuffle right stepping RLR  
43,44      Step L behind R, Step R to right  
45,46      Cross/rock L over R, Recover on R  
47,48      Step L to left, Hold

**Cross Toe Strut, 1/4 Toe Strut, Cross Toe Strut, 1/4 Toe Strut**

49,50,51,52      Toe strut R over L, Making 1/4 left toe strut fwd on L  
53,54,55,56      Toe strut R over L, Making 1/4 left toe strut fwd on L

**Step Pivot 1/4, Step Fwd Hold, Step Pivot 1/4, Step Fwd Hold**

57,58,59,60 Step fwd on R, Pivot 1/4 left, Step fwd on R, Hold

61,62,63,64 Step fwd on L, Pivot 1/4 right, Step fwd on L, Hold

**\*There is a Restart after count 40 on wall 5**

**The music slows at the start of this wall (5) so have a bit of fun with it if you feel so inclined!**

**What a great little song... it's terrific to dance to. I tried to make this dance interesting without being too hard, hope YOU find it to be so ~ There's a lot of repetition so the 64 counts is not a true indication of the dance itself.**

**See you on the floor sometime.... Jan**

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