

# It's Good To Be Alive

Count: 32 Wall: 4 Level: Intermediate

Choreographer: Darren Mitchell - July 2017

Music: Good Time To Be Alive - Lady Antebellum. Album: Heartbreak.



(Intro: 16 counts)

## FORWARD, FORWARD-BACK-1/2 TURN, 3/4 TURN, BEHIND-SIDE-ACROSS, SIDE-BEHIND-ACROSS

- 1 Step R forward,  
2&3 Step L forward, rock back onto right, turn 180 degrees left step L forward, (6:00)  
4&5 Step R forward, turn 270 degrees left take weight onto left, step R to the side, (9:00)  
6&7 Step L behind right, step R to the side, step L across in front of right,  
8&1 Step R to the side, step L behind right, step R across in front of left.

## SIDE SHUFFLE, ACROSS-BACK-BACK, ACROSS-BACK-BACK-TOUCH

- 2&3 Side shuffle to the left: L-R-L,  
4&5 Step R across in front of left, step L back at 45 degrees left, step R back at 45 degrees right,  
6&7 Step L across in front of right, step R back at 45 degrees right, step L back at 45 degrees left,  
8 (\*)Touch R together. (9:00)

## TOGETHER, FORWARD, FORWARD-TOGETHER, PIVOT TURN, FORWARD, FORWARD-TOGETHER, FORWARD, TOUCH

- &1,2 Step R together, step L forward, step R forward,  
& Step L together,  
3,4 Pivot turn: step R forward, turn 180 degrees left take weight onto left, (3:00)  
5,6 Step R forward, step L forward,  
&7,8 (\*\*Step R together, step L forward, touch R together.

## SIDE, ROCK-TOGETHER, SIDE, ROCK-TOGETHER, FORWARD, BACK, 1/2 TURN, FORWARD, TOUCH

- 1,2& Step R to the side, side rock onto left, step R together,  
3,4& Step L to the side, side rock onto right, step L together,  
5,6 Step R forward, rock back onto left,  
& Turn 180 degrees right step R forward,  
7,8 Step L forward, touch R together. (9:00)

[32]REPEAT

Restarts:-

**Restart 1** On wall 3, dance to count 16 (\*) then restart the dance again facing 3 0'clock.

**Restart 2** On wall 6, dance to count 24 (\*\*) then restart the dance again facing 12 0'clock

**Restart 3** On wall 7, dance to count 16 (\*) then: step R back, rock forward onto left and restart the dance again facing 9 0'clock