

# Kick Up Your Heels

**Count:** 64    **Wall:** 4    **Level:** Intermediate

**Choreographer:** Linda Wolfe (Newcastle, Australia) Oct 2013

**Music:** "Kick Up Your Heels" by Jessica Mauboy feat. Pitbull. CD: "Beautiful" Also on Australian iTunes

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## 16 Count Intro - on Jessica's vocals

### **Forward Rock. Right Shuffle 1/2 Turn Right. Forward Rock. Left Shuffle 1/2 Turn Left.**

- 1 – 2            Rock forward on Right. Rock back on Left.  
3&4            Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 6 o'clock)  
5 – 6            Rock forward on Left. Rock back on Right.  
7&8            Left shuffle making 1/2 turn Left stepping Left. Right. Left. (Facing 12 o'clock)

### **Step. Pivot 1/2 Turn Left x 2. Syncopated Heel V-Step. Step. Touch.**

- 1 – 2            Step forward on Right. Pivot 1/2 turn Left. (Facing 6 o'clock)  
3 – 4            Step forward on Right. Pivot 1/2 turn Left. (Facing 12 o'clock)  
5&            Step forward on Right heel to Right diagonal. Step forward on Left heel to Left diagonal.  
6&            Step Right back to centre. Step Left back to centre  
7 – 8            Step Right to Right side. Drag Left to Right and touch Left beside Right.

### **Shuffle Left. Hinge 1/2 Turn Right, Shuffling Right. Hinge 1/2 Turn Left, Shuffling Left. Back Rock.**

- 1&2            Step Left to Left side. Close Right beside Left. Step Left to Left side.  
3&4            Hinge 1/2 turn Right & step Right to Right side. Close Left beside Right. Step Right to Right side. (6.00)  
5&6            Hinge 1/2 turn Left & step Left to Left side. Close Right beside Left. Step Left to Left side. (12.00)  
7 – 8            Rock back on Right. Rock forward on Left... (Facing 12 o'clock)

### **Forward Rock. Right Coaster Step. Step. Pivot 1/2 Turn Right. Step. Pivot 1/4 Turn Right.**

- 1 – 2            Rock forward on Right. Rock back on Left.  
3&4            Step back on Right. Step Left beside Right. Step forward on Right.  
5 – 6            Step forward on Left. Pivot 1/2 turn Right. (Facing 6 o'clock)  
7 – 8            Step forward on Left. Pivot 1/4 turn Right. (Facing 9 o'clock)

### **Cross. Back. Side. Cross. Back. Side. Left Cross Shuffle.**

- 1 – 3            Cross Left over Right. Step back on Right. Step Left to Left side.  
4 – 6            Cross Right over Left. Step back on Left. Step Right to Right side.  
7&8            Cross step Left over Right. Step Right to Right side. Cross step Left over Right.

### **Right Side Rock. Right Cross Shuffle. 3/4 Turn Right. Left Shuffle Forward.**

- 1 – 2            Rock Right out to Right side. Recover weight on Left.  
3&4            Cross step Right over Left. Step Left to Left side. Cross step Right over Left.  
5 – 6            Turn 1/4 turn Right, stepping back on Left. Turn 1/2 turn Right stepping forward on

Right. (6 o'clock)

7&8 Left shuffle forward stepping Left. Right. Left. (Facing 6 o'clock)

**Forward Rock. 1/4 Turn. Right Side Rock/Replace 1/4 Left. Forward Rock. Right Shuffle 1/2 Turn Right.**

1 – 2 Rock forward on Right. Recover on Left.

3 Turning 1/4 turn Right, rock Right out to Right side. (Facing 9 o'clock)

4 Turning 1/4 turn Left, recover weight on Left. (Facing 6 o'clock)

5 – 6 Rock forward on Right. Recover weight on Left.

7&8 Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 12 o'clock)

**Forward Rock. Left Coaster Step. Step. Pivot 1/4 Turn Left. Cross. Full Turn Unwind Left.**

1 – 2 Rock forward on Left. Rock back on Right.

3&4 Step back on Left. Step Right beside Left. Step forward on Left. (Facing 12 o'clock)

5 – 6 Step forward on Right. Pivot 1/4 turn Left. (Facing 9 o'clock)

7 – 8 Cross Right in front of Left. Full turn unwind Left. (Weight on Left) (Facing 9 o'clock)

**Start Again**

**TAG:At the end Wall 5 (which is at the end of Pitbull's Rap), there is a 2 count Tag:**

1 – 2 Point Right to Right side. Hold. (Facing 9 o'clock)

**Ending: At the end of Wall 6, replace Full turn unwind Left with Half Turn unwind Left to face 12 o'clock.**

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**Last Revision - 22nd Oct 2013**