

# Lets Get Ridiculous

**Count:** 32      **Wall:** 4      **Level:** Absolute Beginner

**Choreographer:** Alison Johnstone & Luke Potts (AGE 9)-(Both Nuline Dance)

**Music:** "Let's Get Ridiculous" by Redfoo – Single - iTunes

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**OR VIRTUALLY ANY SONG YOU CHOOSE – A great beginner easy fun dance**

**Start: Just after he says "let's go" 14 seconds**

**(1-8) Walk Forward Right, Left, Right, Left, Step Side Right, Touch Left Diagonal, Step Side left Tough Right Diagonal**

- 1, 2            Walk forward Right, Walk forward Left
- 3, 4            Walk forward Right, Walk forward left
- 5, 6            Step Right side, Touch Left to Lft Diagonal (Option -sway hips, wave arms over head or shimmy)
- 7, 8            Step Left side, Touch Right to Rt diagonal (Option -sway hips, wave arms over head or shimmy)

**(9-16) Walk Back Right, Left, Right, Left, Step Side Right, Touch Left Diagonal, Step Side left Tough Right Diagonal**

- 1, 2            Walk back Right, Walk back Left
- 3, 4            Walk back Right, Walk back Left
- 5, 6            Step Right side, Touch Left to Lft Diagonal (Option -sway hips, wave arms over head or shimmy)
- 7, 8            Step Left side, Touch Right to Rt diagonal (Option -sway hips, wave arms over head or shimmy)

**(17-24) Right Rocking Chair, Pivot ½ Left, Pivot ¼ Left (3.00)**

- 1, 2            Rock forward on Right, Recover on Left
- 3, 4            Rock back on Right, Recover on Left
- 5, 6            Step forward Right, Pivot ½ over Left (weight transfer to Left)
- 7, 8            Step forward Right, Pivot ¼ over Left (weight transfer to Left)

**(Option to circle arms over head when turning)**

**(If smaller children or Absolute Beginners -you can walk around as in the final section but ¾ only)**

**(25-32) Cross, Point, Cross, Point,**

- 1, 2            Cross Right over Left, Point Left to Side
- 3, 4            Cross Left over Right, Point Right to Side
- 5,6,7,8        Walk in a full circle over Left walking Right, Left, Right, Left

**(If smaller children or Absolute Beginners – you can wiggle/march on the spot)**

**\*\*\*OPTION TO MAKE THE LAST 4 COUNTS A BIT HARDER -Paddle Turns x4 (Full Turn)\*\*\***

- 5&6&            Touch Right forward, Turn ¼ Left (&), Touch Right forward, Turn ¼ Left (&)

7&8            Touch Right forward, Turn  $\frac{1}{4}$  Left (&), Turn  $\frac{1}{4}$  Left touching Right to side  
**(Don't worry too much about the  $\frac{1}{4}$  turns basically just touch turn over Left to the counts  
completing a full turn) - You can push arms to Right Side every time you Touch Right)**

**START AGAIN**

**Choreographed for the Nuline Dance Schools/Beginners programme-  
Options will be dependent on age/level)**

**We hope you enjoy**

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