

Boots 'n' Us



Practice Steps

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Choreographed by: Margaret Murphy.

Description: 2 Wall, beginner line dance

Music: 'The City Put The Country Back In Me', 'All You Ever Do Is Bring Me Down'
'Long As I Got You'

BEATS

STEPS

1,2,3,4 **Right heel 45**, step right together, **Left heel 45**, step left together
1,2,3,4 Right heel 45, step right together, Left heel 45, step left together.

1,2,3,4 **Grapevine** to the right, stepping R,L,R, **scuff** left.
1,2,3,4 **Grapevine** to the left, stepping L,R,L, **scuff** right.

1&2, 3&4 Right **shuffle** forward, Left **shuffle** forward.
1&2, 3&4 Right **shuffle** forward, Left **shuffle** forward.

1,2,3,4 **Toe strut** backwards, Right, toe/heel, Left toe/heel.
1,2,3,4 **Toe strut** backwards, Right, toe/heel, Left toe/heel.

1,2,3,4 **Lockstep** forward, right,left,right, scuff, left
1,2,3,4 **Lockstep** forward, left,right,left, scuff, right

1,2,3,4 ¼ turn left **paddle step**, ¼ turn paddle step left.
1&2, 3&4 Double **hip bumps**, right, then left.

1&2, 3,4 **Triple step**, RLR, rock back left, **replace** right.
1&2, 3,4 **Triple step** LRL, rock back right, **replace** left.

1&2, 3,4 **Kickball change** Right, **pivot** ½ turn to the Left.
1&2, 3,4 **Kickball change** Right, **pivot** ½ turn to the Left.

REPEAT