

I Swear

SONG: I Swear By John Michael Montgomery ALBUM: Kickin' It Up

CHOREOGRAPHED BY: Ian StLeon Tamworth, Australia.
ORIGINAL POSITION: Feet Together Weight On L, Facing Front
DESCRIPTION: 60 count, 2 wall upper intermediate line dance

BEATS STEPS

R SIDE FACING L 45, DRAG BEHIND, CHA CHA 360 DEGS (R,L,R), FACING R 45 STEP L OVER R, BACK ON R, TURN 1/4 L - SHUFFLE FWD L (L,R,L)

1,2,3&4 Step R to R side on L 45 from 12.00 and drag L slightly towards R, Continue dragging L together and

behind R taking weight on L, Cha Cha 360 degs (R,L,R) and straighten up to 12.00

5,6,7&8 Turn to R 45 degs from 12.00 and step L over R, Rock back on R, Turn 1/4 L to face 9.00 and shuffle

forward L (L,R,L)

ROCK FORWARD R, BACK ON L, CHA CHA 360, ROCK FORWARD L, BACK ON R, TURN 1/4 L – SIDE SHUFFLE (L,R,L)**

1,2,3&4 Rock forward on R, Rock back on L, Cha Cha 360 degs facing 9.00 (R,L,R) 5,6,7&8 Rock forward on L, Back on R, Turn 1/4 L side shuffle (L,R,L) 6.00 **

ROCK FORWARD R, BACK ON L, CHA CHA BACK 540 DEGS, ROCK FORWARD R, BACK ON L, CHA CHA BACK 540 DEGS

1,2,3&4 Rock forward on R, Rock back on L, Cha Cha 540 degs backwards 12.00 5,6,7&8 Rock forward on L, Rock back on R, Cha Cha 540 degs backwards 6.00

ROCK R TO SIDE, L IN PLACE, R BEHIND L, L TO SIDE, R TO SIDE, L BEHIND R, R TO SIDE, L IN FRONT, STEP FWD R, PIVOT

1,2,3&4 Rock R to R side, Step L in place, Step R behind L, Step L to side, Step R to side

5&6,7,8 Step L behind R, Step R to side, Step L in front turn to 45 R, Step forward on R, Pivot 1/4 L and a bit to

straighten up to 3.00 wall

CROSS WALKS R,L,R, STEP FORWARD L, PIVOT 1/2 R, STEP FWD L SHUFFLE FORWARD R (R,L,R)

1,2,3,4 Step R across L, Step L across R, Step R across L, Step forward on L 5,6,7&8 Pivot turn 1/2 R, Step forward on L, Shuffle forward R (R,L,R)

ROCK FORWARD L, BACK R, COASTER STEP, ROCK FORWARD R, BACK L, 1/2 TURN SHUFFLE

1,2,3&4 Rock forward on L, Rock back on R, L Coaster Step (L,R,L)

5,6,7&8 Step forward on R, Back on L, Turn 1/2 R - Shuffle Forward R (R,L,R)

ON 45's COASTER STEP FWD, BEHIND, SIDE, FWD, COASTER STEP FWD , COASTER STEP BACK, ROCK SIDE, CENTRE CROSS, 1/4 TURN, 1/2 TURN

1&2,3&4 Facing 3.00 Turn to R 45 - Forward Coaster step L (L,R,L), Step R behind L, Step L to Side Straightening

up, Step R in front and turning to L 45 (from 3.00)

5&6,7&8 Forward Coaster step L (L,R,L), Back Coaster Step R (R,L,R)

1,2,3&4 Step L to L side Straightening up to 3.00, Step R in Place, Step L across R, Turn 1/4 L - Step back on R,

Turn 1/2 L - Step forward on L

60 TOTAL NUMBER OF BEATS

NOTES:

On wall 2 at the end of the dance you need to add a 4 beat bridge simply step to the R and sway hips (R,L,R,L), start dance again.

Then on wall 5, you dance up to the ** on page 1, then add, Rock forward on R, Back on L, Turn 1/2 R - Walk forward (R,L) and then start the dance again.