

# Overload

**Count:** 64    **Wall:** 2    **Level:** Intermediate

**Choreographer:** Chris Watson & Anne Herd, Australia, Oct. 2015 (Version 2)

**Music:** Overload by Tina Arena. CD: Eleven (Deluxe) (126 bpm - 3:23 – iTunes)

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**Intro: Start 32 beats in (15 sec) weight on L**

## **#1: SIDE ROCK, CROSS SHUFFLE, ¾ TURN, SIDE SHUFFLE**

1-2-3&4      Rock R to side, Recover to L, Cross shuffle R over L stepping RLR  
5-6-7&8      Turn ¼ R stepping back on L, Turn ½ R stepping forward on R, Side shuffle L  
stepping LRL (9:00)

## **#2: BEHIND, ¼ TURN, ½ PIVOT, ½ TURN, COASTER**

1-2-3-4      Cross R behind L, Turn ¼ stepping forward on L, Step forward on R, Pivot ½ L (keep  
weight on L)  
5-6-7&8      Step forward on R, Turn ½ R stepping back on L, Step R back, Step L beside R, step  
R forward (6:00)

## **#3: PRESS/ROCK FORWARD/RECOVER & PRESS/ ROCK FORWARD/RECOVER, PIVOT ½ STEP, TOUCH**

1-2&3-4&      Press/rock L forward with slight upper body roll, Recover R, Step L beside R,  
Press/rock R forward with slight upper body roll, Recover L, Step R beside L  
5-6-7-8      Step forward on L, Pivot ½ R (take weight to R) Step L to side, Touch R beside L  
(12:00)

## **#4: KICKBALL CROSS, ½ TURN, SIDE/ DIP KNEES**

1&2-3-4      Kick R on the diagonal, Step R beside L, Cross L over R, Turn ¼ L stepping back on  
R Turn further ¼ L, Step L to side  
5-6-7-8      Step R to Right dipping knees, Straighten knees & touch L to L forward 45, Step L to  
Left dipping knees, Straighten knees & touch R to R forward 45 (6:00)

## **#5: ROCK/RECOVER. ½ PIVOT, RIGHT AND LEFT DOROTHY STEPS**

1-2-3-4      Rock back on R/Recover to L, Step forward on R, Pivot ½ L  
5-6&7-8&      Step R foot forward on the diagonal, Lock L behind R, Step forward on R on R  
diagonal, Step forward on L diagonal, Lock R behind L, Step forward on L (12:00)

## **#6: ROCKING CHAIR, ½ PIVOT, ¼ PIVOT**

1-2-3-4      Rock forward on R. Recover to L, Rock back on R, Recover to L  
5-6-7-8      Step forward on R, Pivot ½ L, Step forward on R, Pivot ¼ L (3:00)

## **#7: KICK, KICK, COASTER, KICK, KICK, COASTER CROSS**

1-2-3&4      Kick R forward, Kick R to side, Step back on R, Step L beside R, Step forward on R  
5-6-7&8      Kick L forward, Kick L to side, Step back on L, Step R beside L, Cross L over R

**#8: STEP KICK, STEP KICK, BEHIND, ¼ TURN, PIVOT ½**

1-2-3-4 Step R to side, Kick L out on the diagonal, Step L to side, Kick R out on the diagonal

5-6-7-8 Cross R behind L, Turn ¼ L stepping forward on L, Step Forward on R, Pivot ½ L

**[64] Begin again**

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