

Choreographed by: Margaret Murphy "Boots'n'Us", Melb. Vic. March 2003

72 count, 2 wall line dance

## It's OK

**Description:** 

Music: 'It's OK' by Atomic Kitten Double Hip Bumps R.L.R.L. 1-8 1&23&4 Double hip bumps to the Right, Double hip bumps to the Left 5&67&8 Repeat Last 4 beats (12.00) 9-16 Points, Sweeps and Sailor Steps Point Right toe forward, sweep around into a Right sailor step 123&4 567&8 Point Left toe forward, sweep around into a Left sailor step (12.00) Rock Fwd & Back, Roll a full turn to the Right and Left 17-24 1,23,4 Rock across Left with Right. Step back onto Left, full turn triple step RLR to the Right Rock across Right with Left. Step back onto Left, full turn triple step LRL to the Left (12.00) 5,67,8 25-32 Rock forward and Back 1 ½ triple turn Right Step Lock Fwd. Rock forward onto Right Back onto Left, 11/2 Turn triple step to the Right RLR.(opt.1/2) 123&4 567&8 Step forward on Left, lock Right behind, shuffle forward, LRL .(6.00) 33-40 Step Lock Forward, Step Locks Back 123&4 Step forward on Right lock Left behind, shuffle forward, RLR Rock forward on Left ,back on Right, step back on Left lock Right infront of Left 567&8 41-48 Lock Back, Shuffle, Rocks, Shuffle Forward 1,23&4 Step Back Right, lock Left infront of Right, shuffle back RLR 5,6,7&8 Rock back onto Left, forward onto Right, shuffle forward, LRL. 49-56 2 X 1/4 turn Paddles, 2 X Sambas 1,2,3,4 Step forward on Right, paddle ¼ turn to the Left twice. 5&67&8 Samba step Right, across Left. Samba step Left across Right. (12.00) 57-64 1//4 Paddles X 2, Rocks and Hip Bumps 1234 Step forward on Right, Paddle 1/4 turn to the Left twice 567&8 Rock onto Right, rock onto Left, step to the Right and bump Hips RLR.(6.00) 65-72 Rocks, Hip Bumps, Jazz Box Rock onto Left, rock onto Right, step to the Left and bumps hips LRL 123&4

Cross Right infront of Left, step back on Left, step Right to Right, step Left slightly Forward. (6.00)

## REPEAT.

5,6,7,8