Build Me Up Buttercup



Count: 32 Wall: 4 Level: Improver

Choreographer: Dee Musk (UK) May 2015

Music: Build Me Up Buttercup by The Foundations. Album: Baby Now That I've Found You (3 mins - i'

#36 Count Intro. Approx 16 seconds -

Side, Behind, Side, Cross, Side, Back Rock, Kick Ball Cross.

1,2	Step Right to Right side, cross Left behind Right.

&3,4 Step Right to Right side, cross Left over Right, step Right to Right side.

Rock back on Left, recover weight to Right. 5,6

7&8 Kick Left to Left diagonal, step down on Left, cross Right over Left. (12 o'clock)

Kick Ball Cross, ¼ Turn Right, Side, Shuffle Forward, Step ½ Turn Left.

1&2 Kick Left to Left diagonal, step down on Left, cross Right over Left. 3,4 Make a ¼ turn Right stepping back on Left, step Right to Right side.

5&6 Shuffle forward Left, Right, Left.

7,8 Step forward on Right, make a ½ turn Left (weight forward on left). (9 o'clock)

Step Point, Kick Ball Point, Jazzbox.

1,2 Step forward on Right, point Left toe to Left side.

3&4 Kick Left forward, step Left beside Right, point Right toe to Right side.

Cross Right over Left, step back on Left, step Right to Right Side, cross Left over

5-8 Right. (9 o'clock)

Hinge ½ Turn Left, Cross Shuffle, Side Rock, Behind Side Cross.

Make a ¼ turn Left stepping back on Right, make a ¼ turn Left stepping Left to Left 1,2

Side.

Cross Right over Left, step Left to Left Side, cross Right over Left. 3&4

5,6 Rock Left to Left Side, recover weight to Right.

Cross Left behind Right, step Right to Right side, cross Left over Right. (3 o'clock) 7&8

TAG: 8 Count Tag – Danced at End of Walls 4 and 8 facing 12 o'clock – begin again. Side Rock, Behind Side Cross, x2

1,2 Rock Right to Right side, recover weight to Left.

3&4 Cross Right behind Left, step Left to Left side, cross Right over Left.

5,6 Rock Left to Left side, recover weight to Right.

7&8 Cross Left behind Right, step Right to Right side, cross Left over Right.

Enjoy