

Coastin'

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Choreographed by Ray & Tina Yeoman

Description: 40 count, 4 wall, intermediate line dance

Music: Lord Of The Dance by Ronan Hardiman [CD: Lord Of The Dance

Soundtrack] Or, Siamsa, Cry of The Celts.

WALK RIGHT, LEFT, KICK RIGHT, COASTER, KBC

1-2 Step right foot forward, step left foot forward

3-4 Kick right foot forward, step right foot back in place

5&6 Step left back, step right beside left, step left forward

7&8 Kick right forward, step right beside left, step left in place

9-16 Repeat 1-8

IRISH HEEL / TOE TOUCHES (X2, RIGHT THEN LEFT)

Place hands on hips during next 16 counts (as per chorus line in "Lord of the Dance")

17&18 Touch right heel slightly forward, step right beside left, touch left toe beside

right

19&20 Touch left heel slightly forward, step left beside right, touch right toe beside

left

21-24 Repeat 17-20

RIGHT FORWARD, SIDE, TRIPLE (RIGHT THEN LEFT)

25-26	Touch right heel forward, touch right heel to right	side
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27&28 Shuffle on spot (right, left, right)

29-30 Touch left heel forward, touch left heel to left side

31&32 Shuffle on spot (left, right, left)

RIGHT STEP TO RIGHT, SLIDE, ¼ TURNING SHUFFLE, STEP, PIVOT, SHUFFLE

(Remove hands from hips now)

33-34	Step right to right, slide left up beside right with clap
35&36	Shuffle to right with ¼ turn right (right, left, right)
37-38	Step forward left, pivot turn ½ right
39-40	Shuffle forward (left, right, left)

REPEAT