



Rock Around The Clock

- 1-4 Point right toe to right side, bring back next to left foot, point right to right side and **hold** for one beat.
- 5-8. Cross right foot behind left foot, step left to left, cross right foor infront of left foot, **hold** for one beat.
- 1-4 Point left toe to left side, bring back next to right foot, point left to left side and **hold** for one beat.
- 5-8 Cross left foot behind right foot, step right to the right side, cross left foot infront of right, **hold** for one beat.
- 1-4 Step forward on right foot, rock back onto left foot, step right foot back, **hold** for one beat.
- 5-8. Step back on left foot, cross right foot infront of left, step back on left foot and **hold** for one beat.
- 1-4 Step back on right foot, rock forward onto left foot, step right foot forward, **hold** for one beat.
- 5-8 Step forward on left foot, cross right foot behind left foot, step forward on left foot and **hold** for one beat.
- 1-4 Touch right toe, heel,(sugarfoot) step onto right, **hold** for one beat.
- 5-8 Left sugarfoot, step onto left foot, **hold** for one beat.
- 1-4 Coaster step(step back on right, bring left tog, fwd on right) **hold** for one beat.
- 5-8 ¾ turn to the left, stepping L,R,L

REPEAT FROM STEP ONE

Suggested Music: "Rock Around The Clock" 'Bill Haley'